

Joy and Wisdom in Times of Trouble



Parents, below are a few activities you can try together at home to help reinforce and continue teaching on this week's Bible story.

Overview: *Joy and Wisdom in Times of Trouble*

Big Idea: God calls us to seek Him for wisdom in times of trouble.

Bible Basis: James 1:2-5

Key Verse: James 1:5

Grade 1-2 Activity: **FREEZE DANCE**

Directions: Today we are going to do a freeze dance. I will give you a dance style, and you will dance like that until I shout "FREEZE!" After everyone freezes, say together, "Dear God, help me do what is right." Repeat this for each of the silly dances listed, then have someone make up his/her own silly dance.

Say: Believe it or not, this game helps us remember how to make good choices. When you feel like doing something bad, you can FREEZE! Then say, "Dear God, help me do what is right." When we pray to God, He helps us make good choices!

Dance list:

- Silly robot dance
- Silly chicken dance
- Silly snake dance
- Silly elephant dance
- Silly kangaroo dance
- Silly ant dance

Question: When is it hard for you to make a good choice?

Grade 3-4 Activity: **METEOR SHOWER**

Set Up: Use tape to create a square on the floor that is about two feet (0.61 meters) in width. Crumple around 10 pieces of paper into balls.

Directions: Read the verse together several times. Today's Bible verse says: ***"If any of you needs wisdom, you should ask God for it. He will give it to you."***

James 1:5

Explain that the square is a space station and the crumpled pieces of paper are meteors. Choose one person to protect the space station from getting hit by the meteors. Have everyone else stand four to five feet away and throw *meteors* at the space station. The protector will have to catch or swat the meteors out of the air, but some meteors will inevitably get through. Once a meteor has touched the floor, it cannot be moved. Count how many *meteors* landed in the space station and have the protector recite the verse that many times. Change positions and continue playing rounds for as long as you would like.

Note: Depending on the number of people in your family, you may want to adjust the number of meteors up or down.

Question: Do you think God has ever given you wisdom about something or helped you figure something out? What happened?