

Acts of Kindness!

James tells us that we can't just read God's word, we have to do it too! One of the ways you can get started doing God's word is through acts of kindness. Below is a list of kind actions. Pick three (or more) acts of kindness and do them for people in your household.

You can send a video or picture of you doing your act of kindness to kids@heartlandalliance.ca. We love to see people spreading God's love and acting on His word!

Don't just listen to the word. You fool yourselves if you do that. You must do what it says. James 1:22

1. Give someone a hug.
2. Offer to help clean up after supper.
3. Tidy your room without being asked.
4. Tell someone your favourite joke.
5. Draw a picture for someone.
6. Help make breakfast one morning.
7. Let someone else pick a movie to watch.
8. Pick a flower for someone.
9. Tell someone how much you love him/her.
10. Ask someone how you can help him/her.

