

# Heroes of the Bible



## Jonah

Parents, below are a couple of ideas you can use at home to reinforce and further teach on the Bible story.

“This week we learned a new Bible story. Can you remind me what it was about? Excellent. Let’s do a couple of things to help us remember what we learned!”

### Overview

**Bible Basis:** Jonah 1-4

**Bible Truth:** *I have God’s power too!*

### Snack Idea

Supplies: Cup of water, blue whale gummies, blue jello

**Pray:** Thank You, Jesus, that you see us no matter where we go. I love You! Thank You for today’s snack. In Jesus’ name, amen. Then EAT!

Practice the Bible truth, *I have God’s power too!*

### Craft - Jonah and the Big Fish

Supplies:

- Construction paper
- Paper plates
- Googly eyes
- Jonah outline or drawing

How to do it:

- With construction paper, cut out fin and tail shapes.
- Then glue two paper Styrofoam plates together at the sides after painting or colouring them.
- Attach the fins and tail between the two plates as you glue them together.
- Place googly eyes on the top of your fish.
- Then draw and cut out Jonah.
- Jonah can be placed inside the big fish!
- Practice the Bible truth, *I have God’s power too!*



## **Activity**

Start by asking a few questions:

- “Who was the Bible story about?”
- “What is the Bible truth?”
- “Can you tell and show me the Bible truth?”

**Song Time:** *Super wonderful*

- <https://www.youtube.com/watch?v=CShCK9yjbIA>

**Game Time:** *Hug and Seek!*

- In this variation of hide and seek, children learn that we can't hide from God, and that God loves us.
- Have family members hide while you count to ten.
- Each time you find a family member, hug them and say, “God sees you and so do I!” Then have that person help you find the others.
- As you find each person, give group hugs saying, “God sees you and so do we!”
- If time permits play another game.