



Our Bible memory verse this week tells us that God is close to us, especially when we are hurting or sad! To help you remember this, answer the questions below. Don't be afraid to ask a parent or guardian for help if you are having a hard time thinking of an answer..

*The Lord is close to the brokenhearted and saves those who are crushed in spirit. Psalm 34:18*

- Write an example of when you when you felt crushed or brokenhearted.

---

---

---

- How did God show you He loved you when you felt sad?

---

---

---

- Write a list of all the ways God has blessed you. The next time you feel sad, take this list out to remind yourself how much God loves you!

---

---

---

