



Our Bible memory verse this week tells us that God is close to us, especially when we are hurting or sad! Go through the questions below with a parent, guardian or older sibling. Talk about what makes you sad and how God can make it better!

The Lord is close to the brokenhearted and saves those who are crushed in spirit. Psalm 34:18

- When I am sad I... (ex. ask mom for a hug, pray, play with my dog)

- God has showed me he loves me by... (ex. made the snow, given me my family, through a worship song)

- Next time you are feeling sad, try praying this prayer!

Dear Lord,
Thank you for all you do for me! Thank you for the sunshine, grass and trees. I am feeling sad today, please help me feel better. I know you love me and want to do all things for my good. I love you!
Amen.

