

# Heartland Kids Weekend Bulletin

November 7 & 8, 2020

## Ephesians 2:11-19 ESV

<sup>11</sup> Therefore remember that at one time you Gentiles in the flesh, called “the uncircumcision” by what is called the circumcision, which is made in the flesh by hands— <sup>12</sup> remember that you were at that time separated from Christ, alienated from the commonwealth of Israel and strangers to the covenants of promise, having no hope and without God in the world. <sup>13</sup> But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. <sup>14</sup> For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility <sup>15</sup> by abolishing the law of commandments expressed in ordinances, that he might create in himself one new man in place of the two, so making peace, <sup>16</sup> and might reconcile us both to God in one body through the cross, thereby killing the hostility. <sup>17</sup> And he came and preached peace to you who were far off and peace to those who were near. <sup>18</sup> For through him we both have access in one Spirit to the Father. <sup>19</sup> So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God.



### There is a sad history of alienation in our world

- In the Old Testament of the Bible, there were a lot of rules you had to follow to be close to God. The Jewish people were picked by God to show these rules to the Gentiles (everyone who wasn't Jewish) but sadly, they messed up! Instead of welcoming people and showing them how God wanted them to live, they decided they were better than everyone because they were God's **chosen** people. This *alienated* the Gentiles.
- Alienation means making someone feel judged and unwanted. Have you ever felt that way?

### Our world has been redeemed through Jesus Christ

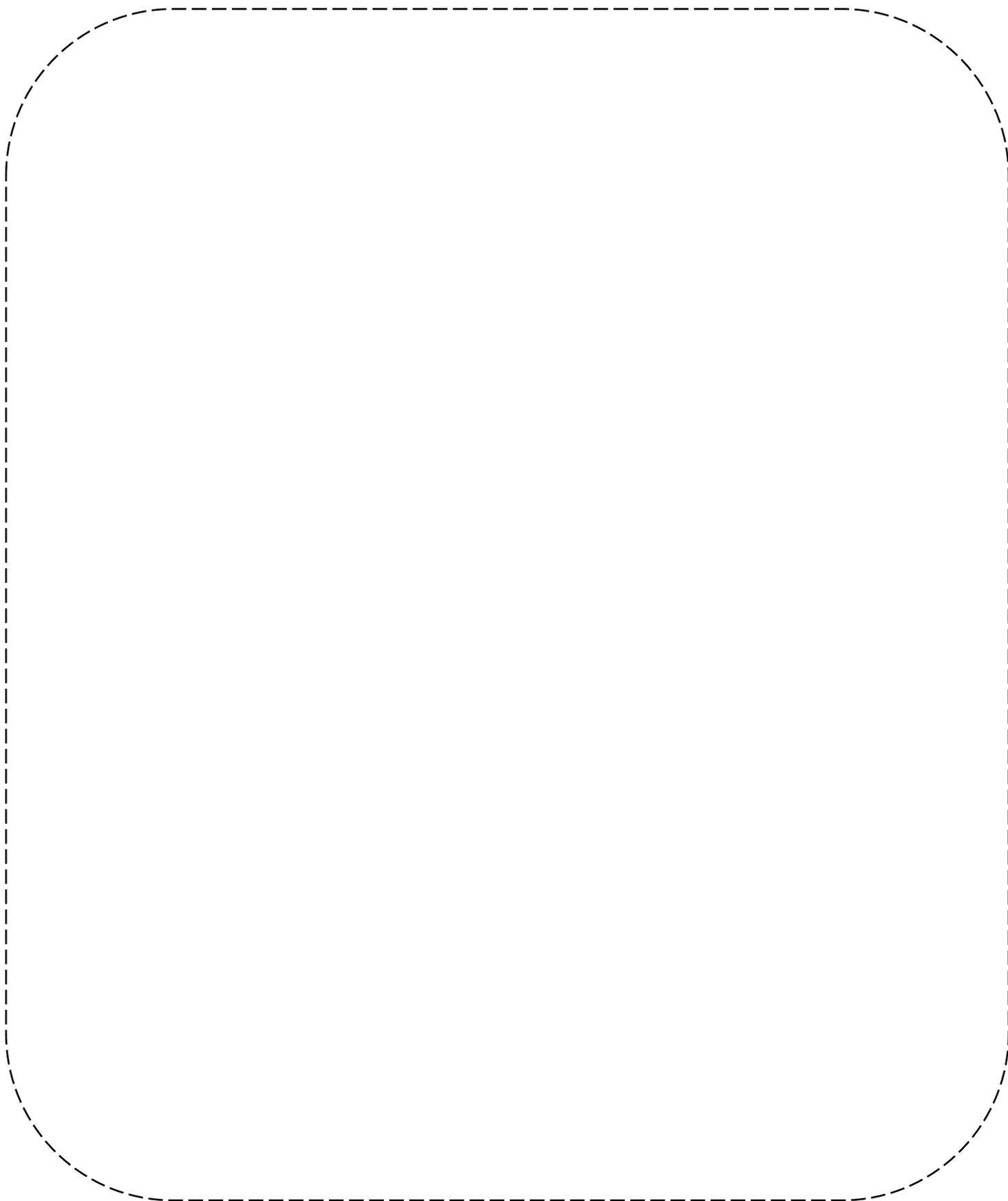
- The good news is that Jesus came and broke down all the barriers, or rules, that kept people from being close to God! When Jesus died on the cross, He made it so everyone, Jew or Gentile, could have a relationship with His Father.
- Our job is to take that lesson from Jesus and be welcoming to everyone! We need to work to take down the barriers between us and other people. How do we do that? We do that by praying for God to show us opportunities to love our friends, neighbours and family. It may be tough, but God will be so proud of you for asking and doing His will!

### Some questions to discuss as a family:

What are some barriers you feel towards other people? Towards the church?

How can you overcome those barriers? *Don't forget, you can always contact the church for help through any issue!*

**DRAW A PICTURE OF WHAT YOU LEARNED TODAY**



# Family Challenge

This week, plan to each do one act of kindness for someone. If you feel called, think about doing your act of kindness for someone who might be challenging for you – for example, maybe the classmate at school who bullies people or your aunt who never smiles. Think of a small way you can show them God’s love. As a family, pray for help and guidance from God.

In the spaces below, make a list of who each family member is going to focus on showing God’s love to this week. Check in with each other throughout the week for accountability.

## Who will you bless this week?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

# Acts of Kindness

How do we show kindness and love? Sometimes it's hard to know what to do in the moment, but fortunately, you can practice! Below is a list of scenarios for you to act out as a family to help you figure out how to show God's love!

Record your acting abilities and send it to us at [kids@heartlandalliance.ca](mailto:kids@heartlandalliance.ca) or tag us on social media! We would love to see your creative solutions!

1. You're playing at recess and you notice someone sitting alone.
2. Mom is working hard to get dinner ready.
3. Someone fell and hurt themselves.
4. Dad has come home from work and has had a long day.
5. You hear about a classmate who isn't getting any presents for Christmas this year because their family can't afford them.
6. Your friend's pet has just passed away.
7. Your sibling is sick.
8. Your grandma is lonely.
9. You notice a person with groceries struggling to open a door.
10. Your sibling is stressed out because of their upcoming exams.